

**Stanislaus County
Juvenile Justice Commission
August 31, 2023 – Probation Department**

Members Present: Marian Martino, Chair; Michael Baldwin Sr., Vice Chair; Stephen Ashman; Captain Scott Houston; Wanda Bonnell; Sandra Ainslie

Members Excused: Sharma Uma; Chief Fidel Landeros; Dawn Cullum

Probation Department Present: Mark Ferriera, Chief Probation Officer; Leticia Ruano, ACPO; Tracie Martin, Facility Superintendent; David Costa, Juvenile Division Director

Superior Court: The Honorable Ruben Villalobos

Guest: Reyna Rodriguez, Laura Lopez, Jeremy Green

Call to Order: Chairperson Marian Martino called the meeting to order at 12:02 p.m.

Public Comment: No public comment

Approval of Minutes: MOTION: Captain Scott Houston **SECOND:** Wanda Bonnell. The meeting minutes from June 22, 2023, were approved.

Leaders in Community Alternatives Presentation

Jeremy Green, Director of Program Services, provided an overview of Leaders in Community Alternatives (LCA). The agency was founded in 1991 in Alameda County by a woman named Linda Connelly. LCA currently runs programs in Day Reporting Centers (DRC) in numerous counties in addition to Re-Entry and Pre-Trial Services in Sacramento County. Recently, LCA has begun to run programs within the Stanislaus County Probation Department for in custody and out of custody youth.

Reyna Rodriguez, LCA Program Director presented a PowerPoint presentation on the specific services LCA provides to the youth. (The PowerPoint presentation is attached.)

Services Provided

- LCA serves all youth committed to the Juvenile Institutions as well as youth out of custody.
- Evidence based curricula focuses on Aggression Replacement Training (ART), Cognitive Behavioral Interventions (CBI), and Choices.

Additional Services Provided

- Case Management for out of custody youth
 - Individual Service Plan
 - Incentives/Barrier Removal
 - Referrals
- Services provided to youth in Secure Track Programming

- ART
- CBI-Core Youth
- CBI-Employment
- CBI- I Decide
- Forward Thinking
- Life Skills Journaling
- Case Management for Secure/Nonsecure Track Youth
 - Individual Case Plan
 - Youth Level Service (YLS) /Case Management Inventory (CMI) 2.0 Assessment
 - Incentives
 - Barrier Removal/Referrals
- Social Learning Theory
 - Thinking affects behavior.
 - Antisocial thinking can lead to antisocial behavior.
 - Thinking can be influenced and changed.
 - We can change how we feel and act by changing our thinking.
- Interactive Journaling
 - Motivational Interviewing
 - Cognitive-behavioral Therapy
 - Expressive Writing
 - Stages of Change

Wanda Bonnell asked if the CBI program was designed for adults as well as juveniles. Program Director Rodriguez indicated that CBI was specifically tailored for youth in Secure Track programming, who can be up to the age of 24.

Vice Chair Michael Baldwin asked what some of the most common barriers youth face outside of custody. Program Director Rodriguez stated that transportation is a big barrier. However, LCA has addressed that. LCA provides transportation for youth in addition to bus passes.

Vice Chair Michael Baldwin also asked if LCA has any specific tools related to gang violence or involvement. Program Director Rodriguez stated that gangs are addressed in the CBT model. CBT allows for the youth to be able to role play. Role play allows for time for the youth to think the scenario through instead of just reacting. Role play also provides tools for youth to stop the vicious cycle and practice the skills they learned.

Probation Department Report:

Chief Probation Officer Mark Ferriera advised that the Juvenile Institutions' current population is 59 youth with 2 females and 57 males. Additionally, he provided the following updates:

- 0 youth pending foster care or short-term residential treatment placement.
- 2 youth have placement orders. Both are serving a Juvenile Hall commitment for a period of time before they are eligible to be released for placement.

- 11 youth are committed to Secure Track Program or SHINE Unit. These are the youth that would normally go to the California Youth Authority or the Department of Juvenile Justice. The facility closed at the end of June.
- 5 individuals who are pending a transfer hearing to determine if they should be tried as an adult or a juvenile. 4 of the 5 youth are being housed in the Juvenile Hall. 1 of these youth is being housed in the jail.
- 5 youth that are the age of 19 are currently housed in the Juvenile Hall.
- In July, a 21-year-old was admitted in the Juvenile Hall. This individual committed offenses before his 18th birthday. By the time this particular offense was fully investigated, and arrest was made, the individual was 21 years old and booked into the Juvenile Hall.
- There is 1 youth in custody who has been in custody for 954 days. There are 11 youth have been in custody for over 300 days.
- The population of youth who are currently in custody are in custody for serious crimes.

Facility Superintendent Tracie Martin reported that LCA has a large role working with youth in both institutions and out of custody. LCA is working with youth in every unit. She also provided the following update:

- On September 25, 2023, the Prison Education Project (PEP) will resume with Career Development and Creative Expression classes.
- Currently, there are 5 youth attending Modesto Junior College (MJC) online.
- LCA graduation is on September 25, 2023.
- A request was recently submitted to purchase a truck driving simulator to aid in getting the truck driving program started. Additionally, discussions have begun to bring a barbering school into the institutions. The goal behind these specific vocational studies is to have the youth continue their education in these programs once they are out of custody.

Chief Ferriera mentioned that there is now a full time Substance Abuse Counselor in the facility.

Division Director David Costa provided the following information:

- An overview of the status of a contract with Pine Grove as a step-down program for youth in the Secure Track. Pine Grove is a fire camp intended for youth and is run by CalFire in conjunction with California Department of Corrections and Rehabilitation (CDCR).
- Barrier Removal services offered by LCA, Without Permission, and Girls Juvenile Justice Initiative include services such as providing transportation, bus passes, and assistance with obtaining identification documents.
- Probation Officers were highlighted for not only holding people accountable but serving as social workers too.

Vice Chair Michael Baldwin noted the huge role providing transportation plays on youth making it to their appointments.

Chair Marian Martino asked how many youth are being served through barrier removal programs. Division Director David Costa stated that if a youth is on supervised probation, they should be referred to one of the programs.

Chair Marian Martino asked if Probation would be able to help youth get their citizenship. Division Director David Costa indicated that Probation, from a legal standpoint, cannot communicate with Immigration or ask probationers if they are documented citizens. Some programs, such as LCA, may be able to help the youth with the paperwork when assessing their barrier removals. Chief Ferreira added that Probation does not have any contracts or relationships with any immigration attorneys. However, if it is a barrier that the youth brings forward, then Probation would try to help the youth.

Court Report:

The Honorable Judge Ruben Villalobos noted the following:

- The last 4 or 5 years has seen a higher incident of younger serious crimes.
- The Court has granted discretion to Probation to release youth early if a placement facility becomes available.
- If a youth is in the Juvenile Hall, it's because the Judge has determined, after hearing from their lawyers and Probation Officers, that there is no alternative.
- Judge Villalobos explained that youth are in Secure Track and then eventually on Probation when done with Secure Track. Step Downs are in-between Secure Track youth and Probation. He further stated that he was pleased to hear that Pine Grove is getting worked out because that clearly would be a Step Down.
- He also noted that providing transportation for youth is huge and should be commended.
- The following calendar changes were stated:
 - Effective October 1, 2023, Judge Villalobos will be the CARE Court Judge Mondays and Fridays and the Juvenile Court Judge on Tuesdays, Wednesdays, and Thursdays including portions of Mondays and Fridays.

Vice Chair Michael Baldwin asked is there any effort to develop locations for youth to transition to when out of custody. Judge Villalobos indicated that Pine Grove would be an option. Assistant Chief Probation Officer Leticia Ruano added that Probation is working with the Center for Human Services to provide lesser restrictive programs for youth to transition.

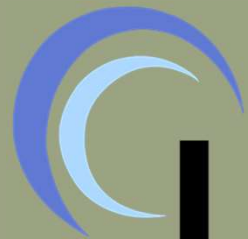
Announcements:

Chair Marian Martino had the following announcements:

- The meeting for December has been canceled following the adoption of the new JJC bylaws.
- Distribution of the JJC Meeting Calendars for both 2023 and 2024.
- Police Department Inspections are on September 18, 2023, in Oakdale and September 29, 2023, Modesto.
 - Wanda Bonnell, Sandra Ainslie, and Marian Martino will complete the Police Inspection in Modesto.

- Vice Chair Michael Baldwin volunteered to do the Police Inspection in Oakdale. Chair Marian Martino will follow up regarding a second individual to assist with the inspection that day.
- The next Juvenile Justice Commission meeting is scheduled for October 5, 2023, from 10:00 a.m. – 12:00 p.m. This meeting will be the annual Juvenile Hall tour/inspection. Participants should plan to meet in the lobby.

The meeting was adjourned at 1:10 p.m.



LCA

JUVENILE PROGRAM

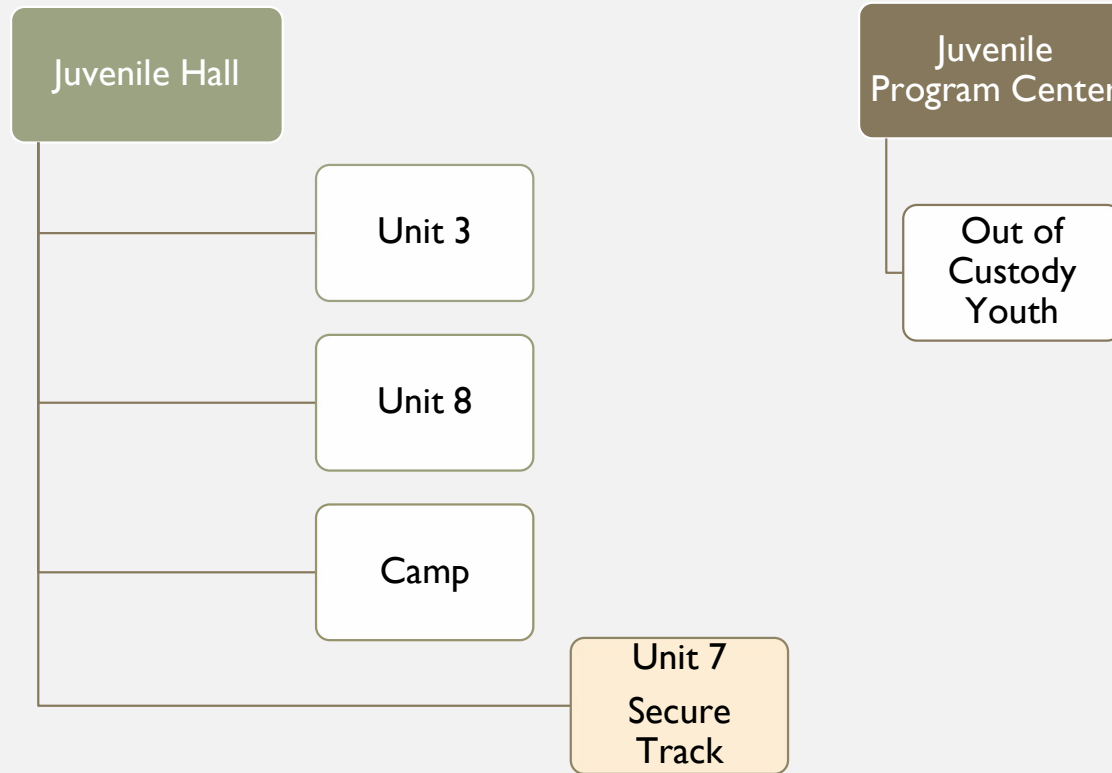


OUR MISSION

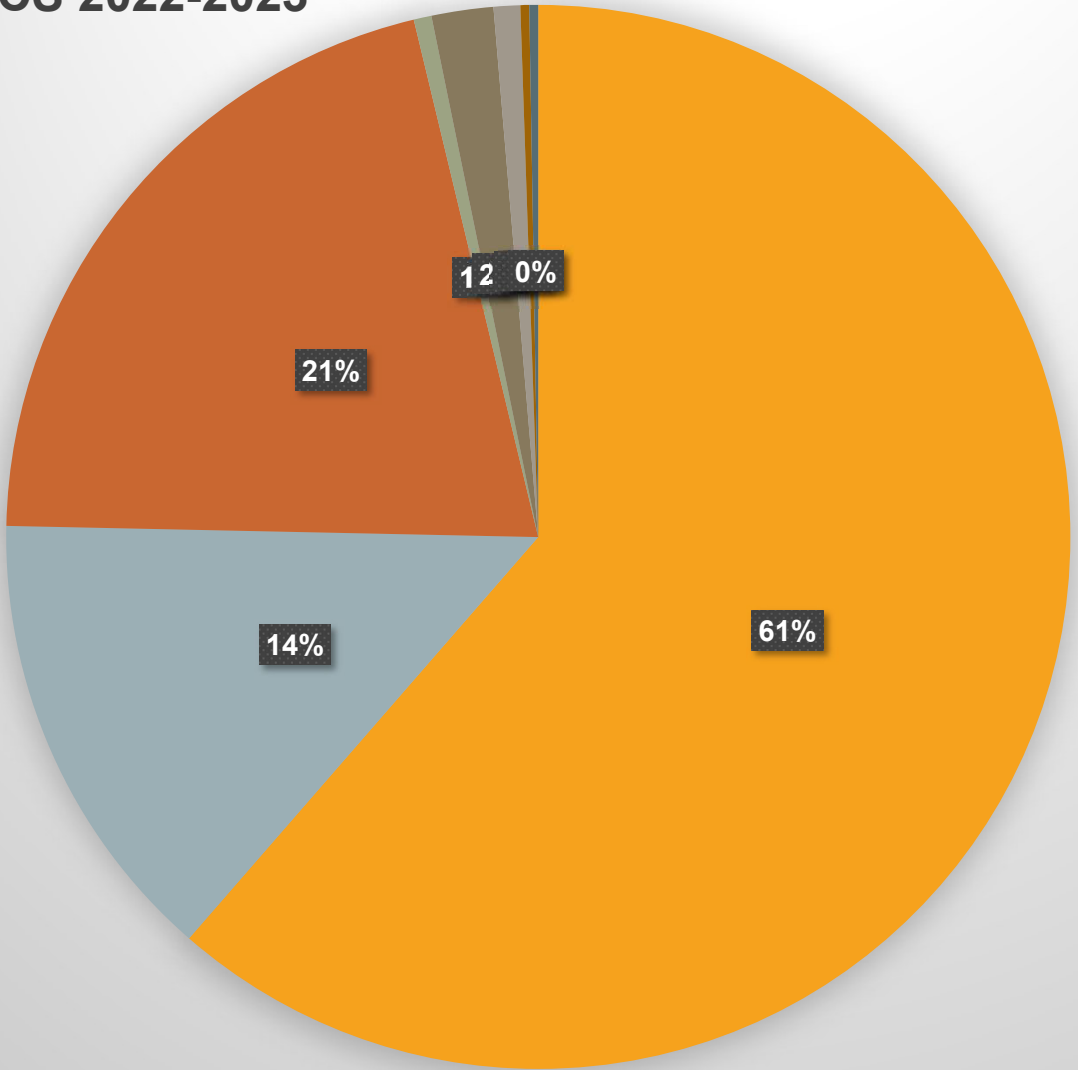
Supporting Community Safety Solutions

Part of the SuperCom Group, Leaders in Community Alternatives, Inc. (LCA) is a leading provider of criminal justice programs and services. LCA promotes a holistic approach and is actively engaged in community education and addressing accountability. Founded in 1991, LCA offerings include adult and juvenile day reporting programs, risk assessment, electronic monitoring with GPS tracking and services to support jail diversion and re-entry into society.

WHO WE SERVE

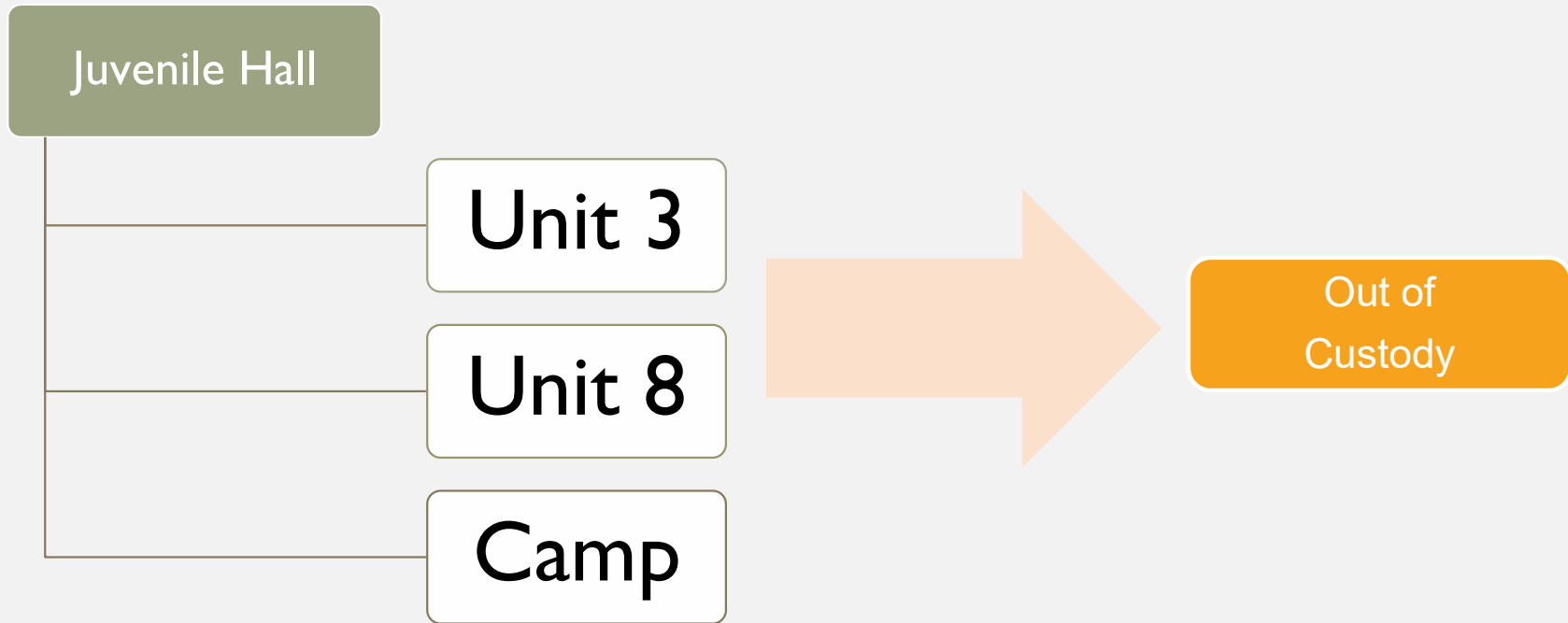


DEMOGRAPHICS 2022-2023



- HISPANIC
- BLACK
- WHITE
- ASIAN INDIAN
- OTHERS
- PACIFIC ISL / ASIAN
- CAMBODIAN
- JAPANESE

WHO WE SERVE

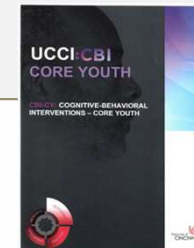


EVIDENCE BASED CURRICULA

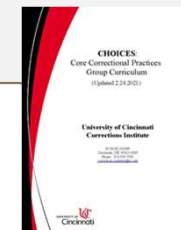
ART



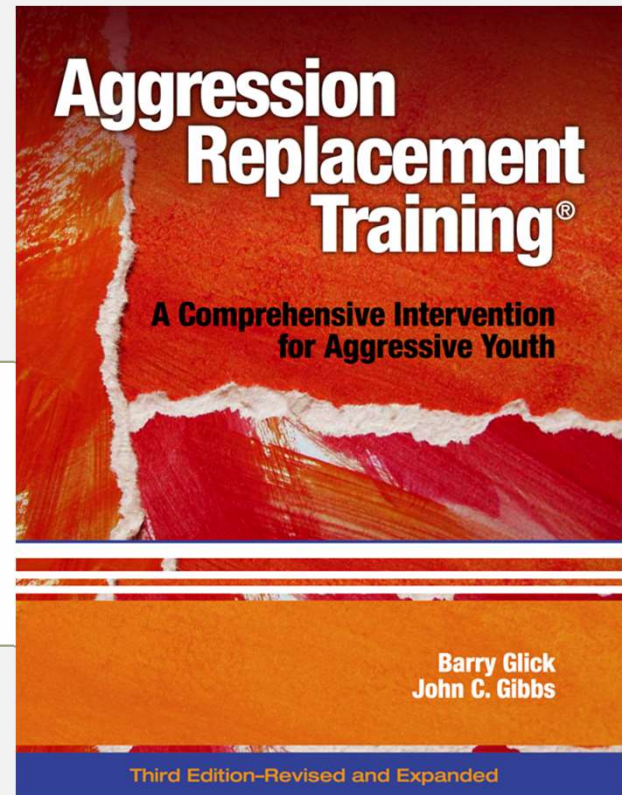
CBI-CORE YOUTH



CHOICES



ART



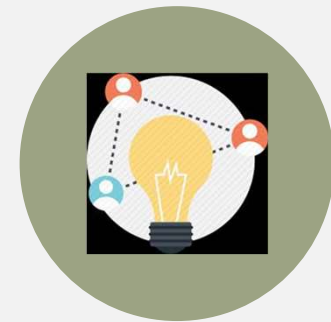
Aggression Replacement Training® (ART®)



SOCIAL SKILLS



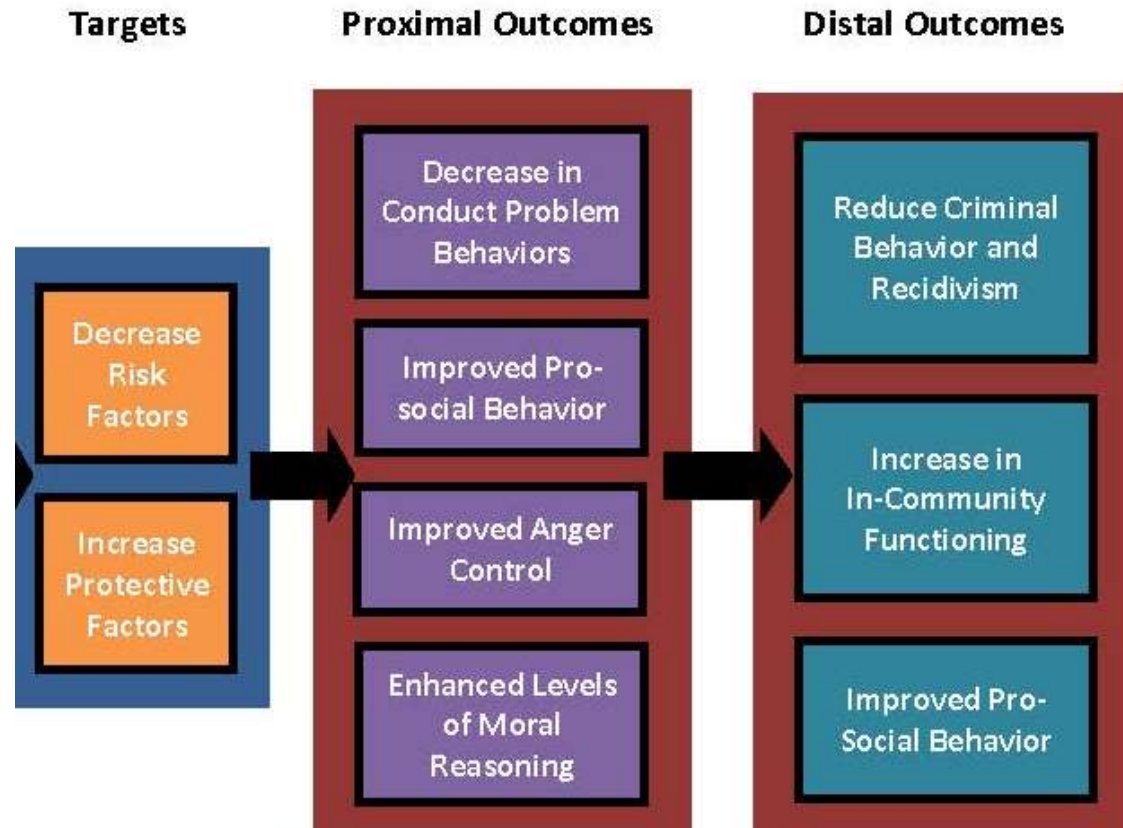
ANGER CONTROL
TRAINING

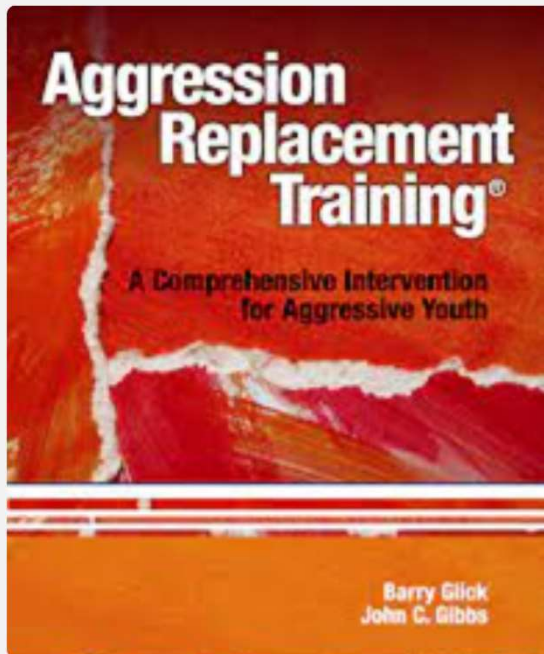


MORAL REASONING

ART

STRONG
EMPIRICAL
SUPPORT FOR
BOTH THEORY
AND METHOD





ART GROUP STRUCTURE

Size: 8 – 10 (max 16 = 2 facilitators)

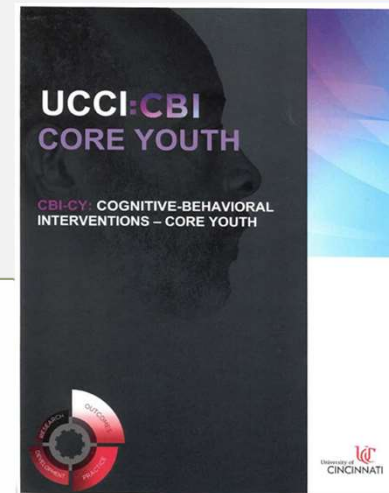
Group Time: 1-1.50 hours

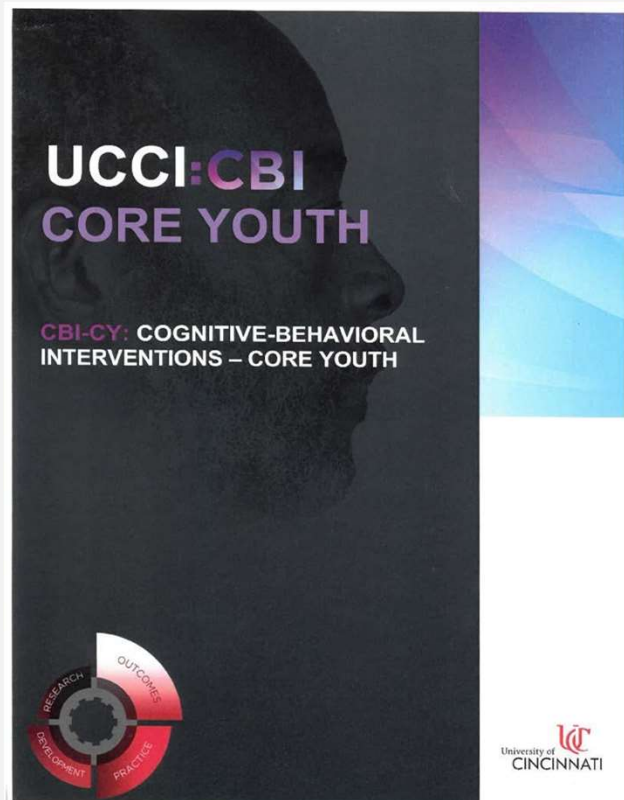
Frequency: 2 or 3 times per week

Format: Modified closed group

Practice Work: Key to transfer of practice

CBI-CORE YOUTH





CBI GROUP STRUCTURE

Size: 8 – 10 (max 16 = 2 facilitators)

Group Time: 1.25-1.50 hours

Frequency: 2 or 3 times per week

Format: Modified closed group

Practice Work: Key to transfer of practice

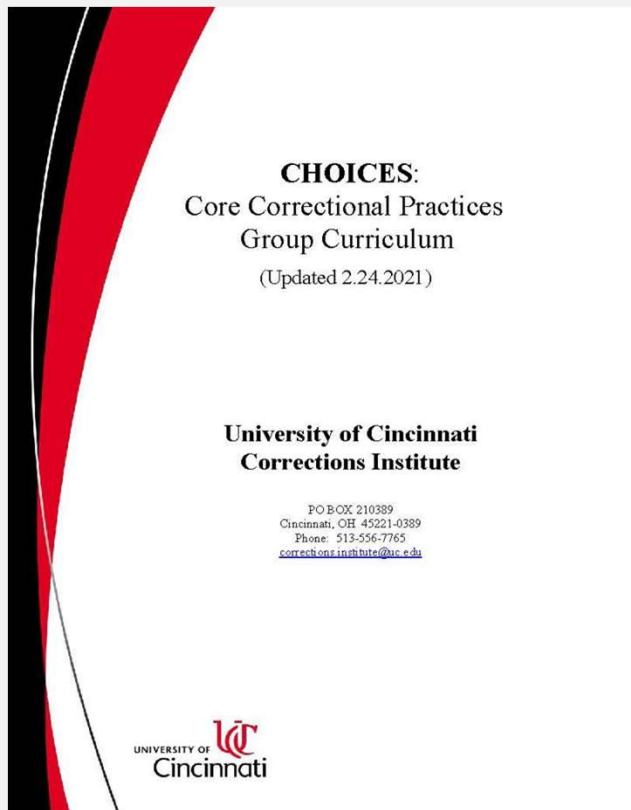
CHOICES

CHOICES:
Core Correctional Practices
Group Curriculum
(Updated 2.24.2021)

**University of Cincinnati
Corrections Institute**

PO BOX 210389
Cincinnati, OH 45221-0389
Phone: 513-556-7765
corrections.institute@uc.edu

UNIVERSITY OF
Cincinnati



CHOICES:
Core Correctional Practices
Group Curriculum
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CHOICES GROUP STRUCTURE

Size: 6 – 10 (max 16 = 2 facilitators)

Group Time: 1.25-1.50 hours

Frequency: 2 or 3 times per week

Format: Open group

Practice Work: Key to transfer of practice

CASE MANAGEMENT

OUT OF CUSTODY YOUTH

INDIVIDUAL SERVICE PLAN

INCENTIVES/BARRIER REMOVAL

REFERRALS

Secure Track Programming

Juvenile
Hall

Unit 7
Secure Track

EVIDENCE BASED CURRICULA

ART

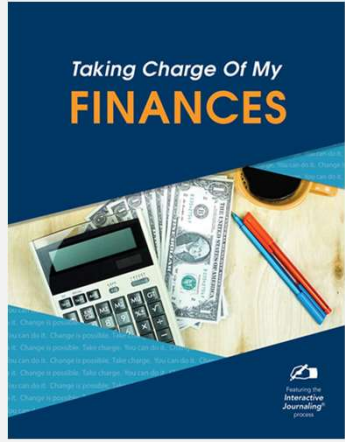
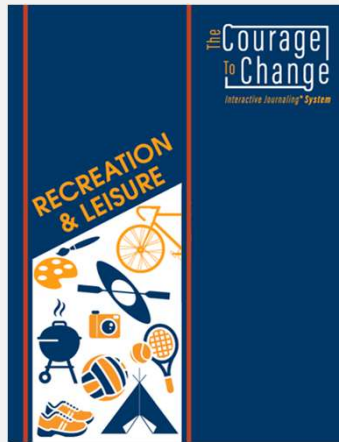
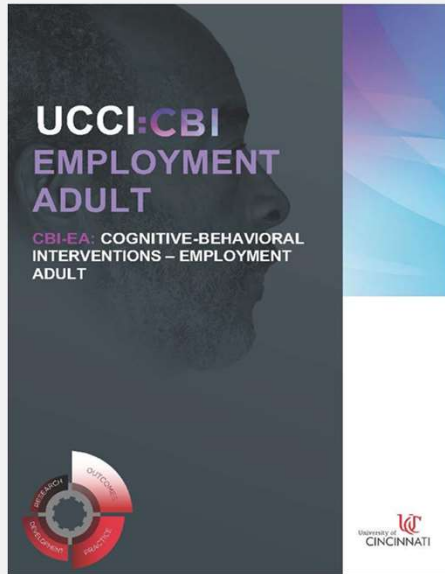
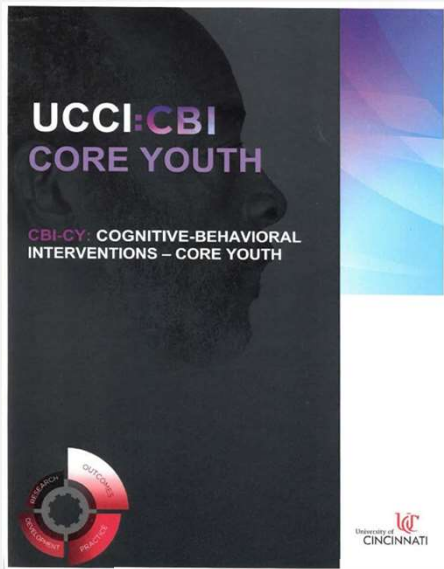
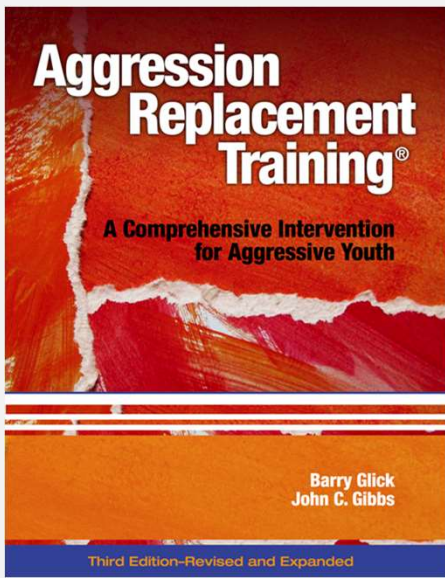
CBI-CORE YOUTH

CBI-EMPLOYMENT

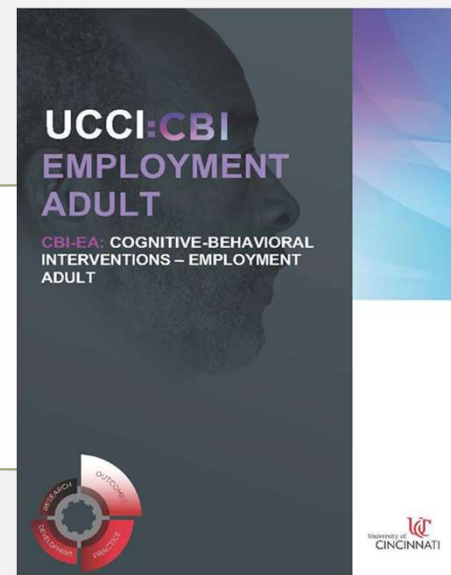
FORWARD THINKING

LIFE SKILLS JOURNALING

- Financial Literacy
- Recreation and Leisure



CBI-Employment





UCCI:CBI EMPLOYMENT ADULT

CBI-EA: COGNITIVE-BEHAVIORAL
INTERVENTIONS – EMPLOYMENT
ADULT

CBI GROUP STRUCTURE

Size: 8 – 10 (max 16 = 2 facilitators)

Group Time: 1.25-1.50 hours

Frequency: 2 or 3 times per week

Format: Modified closed group

Practice Work: Key to transfer of practice



UCCI:CBI EMPLOYMENT ADULT

CBI-EA: COGNITIVE-BEHAVIORAL
INTERVENTIONS – EMPLOYMENT
ADULT

CBI-EMPLOYMENT SESSION FORMAT

- Session background – Facilitator notes*
- Session materials
- Practice work review
- Group discussion and activities
- Practice work assignment

CBI- I DECIDE



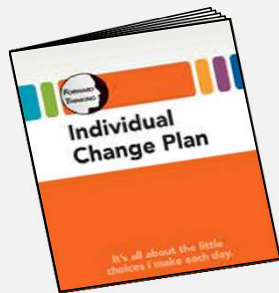
FORWARD THINKING *SERIES*





What Got Me Here?

In this Journal, participants explore the consequences of past decisions and begin to learn skills for controlling anger, handling negative peer pressure, working with authority figures and strengthening family ties.



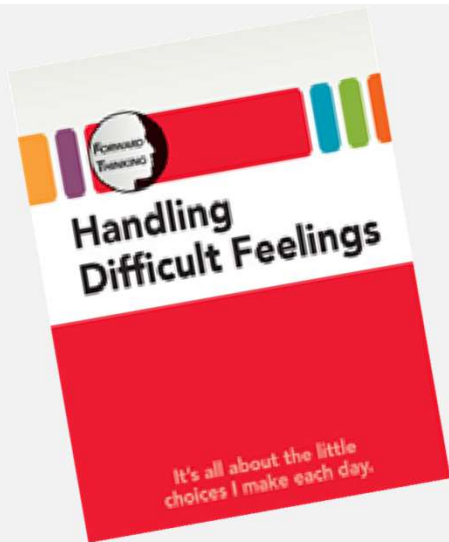
Individual Change Plan

In this Journal, participants explore the strategies for moving through the steps of change. They create a personalized plan for targeting, developing and measuring progress toward goals with the provider and treatment team throughout the treatment process.



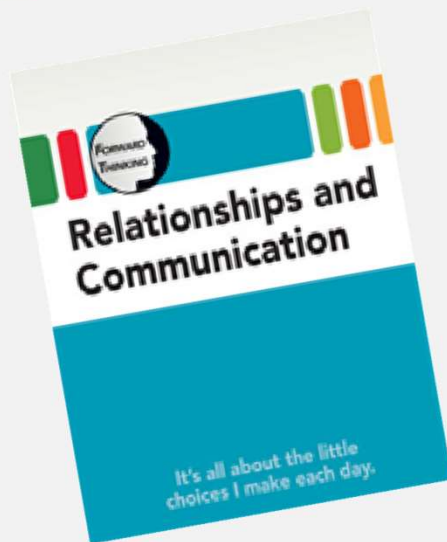
Responsible Behavior

Responsible Behavior focuses on the link between thoughts, feelings and behaviors. Participants explore the connection between situations, self-talk and feelings and how they relate to behavior choices. In this Journal, participants are introduced to the Behavior Check strategy which can be used throughout the treatment process.



Handling Difficult Feelings

This Journal helps participants explore the influence of feelings on behavior. Participants learn and practice coping skills for handling uncomfortable feelings.

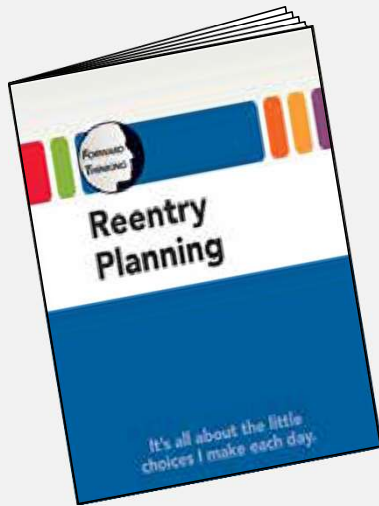


Relationships and Communication

In this Journal, participants focus on understanding and improving relationships. Communication skills are presented to help participants learn to express themselves in healthy ways.

Family

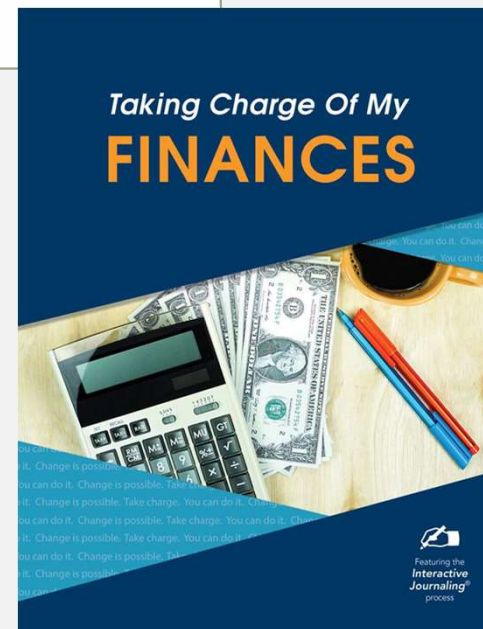
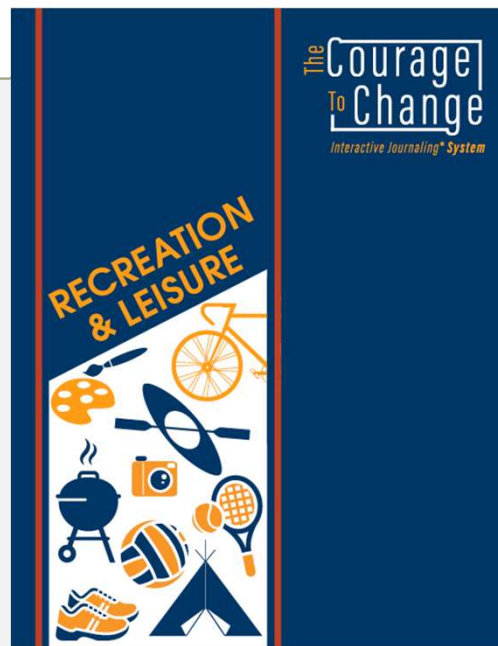
This Journal helps participants understand and improve their family relationships. They look at who their family is and the traits that were passed on to them. Participants also consider qualities and expectations to pass on to future generations.



Reentry Planning

This Journal pinpoints priorities for a successful transition including housing, financial responsibility, time management, healthcare needs, employment, life skills and building a support network. Participants learn how to apply new knowledge and skills to make the most of the reentry experience.

LIFE SKILLS





INTERACTIVE JOURNALING SESSION FORMAT

- Session background – Facilitator notes*
- Practice work review
- Group discussion and activities
- Practice work assignment

CASE MANAGEMENT

SECURE TRACK/NONSECURE TRACK

INDIVIDUAL CASE PLAN

YLS/CMI 2.0 Assessment

INCENTIVES/BARRIER REMOVAL

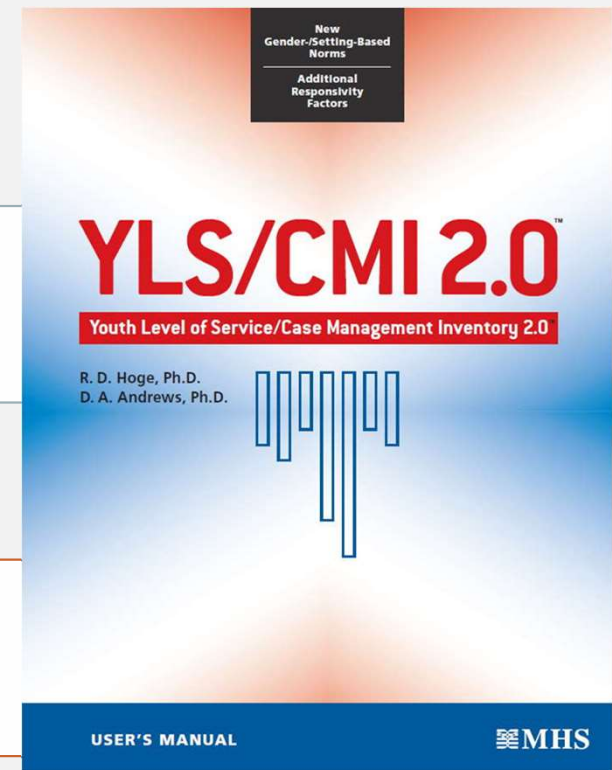
REFERRALS

CASE MANAGEMENT

SECURE TRACK/NONSECURE TRACK

INDIVIDUAL
CASE PLAN

YLS/CMI 2.0
Assessment



YLSCMI 2.0 TOTAL SCORE



INDIVIDUAL CASE PLAN



LCA CASE PLAN

Client ID: _____

STAGE OF CHANGE: • PC = PRE-CONTEMPLATION • C = CONTEMPLATION • P = PREPARATION • A = ACTION • M = MAINTENANCE • R = RELAPSE

RISK LEVEL:

Criminogenic Needs

(1) Prior/Current Offenses (2) Family (3) Educational/ Employment (4) Peer Relations (5) Substance Abuse (6) Recreational (7) Personality Behavior (8) Attitudes /Orientation

Goal #	Code #	Stage of Change	Goal
Strengths			
Barriers			
Intervention			
			Target Date: _____

Participant Signature

Date

Case Manager Signature

Date

CASE MANAGEMENT

SECURE TRACK/NONSECURE TRACK



INCENTIVES

CASE MANAGEMENT

SECURE TRACK/NONSECURE TRACK

BARRIER REMOVAL /
REFERRALS

Social Learning Theory

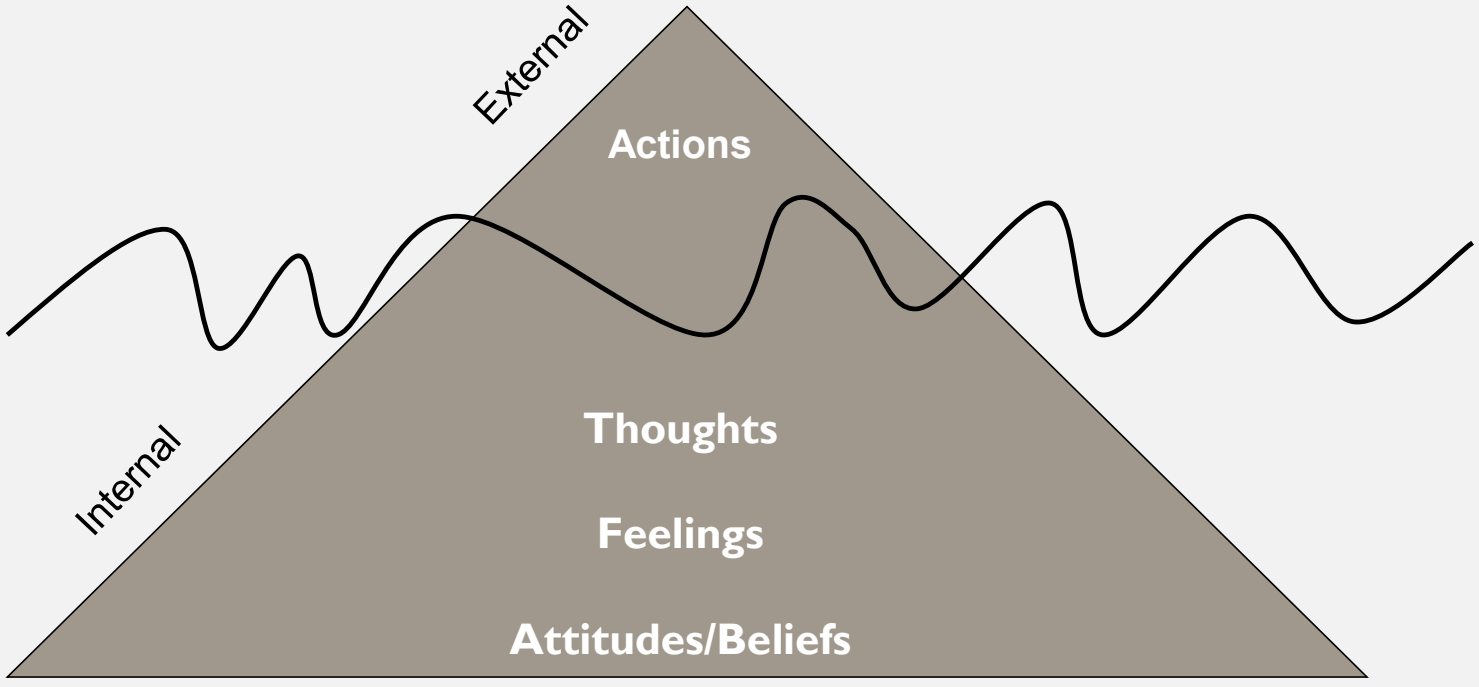
COGNITIVE-BEHAVIORAL

Thinking affects
behavior.

Antisocial thinking can
lead to antisocial
behavior.

Thinking can be
influenced and
changes.

We can change how
we feel and act by
changing our thinking.



UNDERPINNING *INTERACTIVE JOURNALING*[®]

Evidence-based Practices

Motivational
Interviewing

Cognitive-behavioral
Therapy

Expressive
Writing

Stages of Change



CONTEMPLATION | 02

In the contemplation stage, people intend to adopt healthy behaviors in the near future (within the next six months). They are more aware of benefits of changing, although they usually see pros and cons as equal.

- How do your clients picture their future selves?
- How can your clients keep building knowledge and enthusiasm?
- Which great movies, songs or real-life events relate to your clients' journeys?



PREPARATION | 03

In the preparation stage, people intend to take action (within the next 30 days). They are ready to tell friends and family about their plans to change. They may have taken a few small steps, and they believe changing the problem behavior will improve their life.

- Are your clients preparing to face obstacles?
- When will they move to the next step?
- Are your clients ready to announce their plans?

ACTION | 04

In the action stage, people have changed their behavior (within the last six months). To keep moving forward, they need external support, self-confidence and strategies to replace old habits.

- What seemingly unimportant decisions will help your clients?
- What new habits are clients building?
- Are your clients leaning on a support system?



MAINTENANCE | 05

In the maintenance stage, people have successfully sustained their behavior change (more than six months). They have gained confidence with practice in the action stage and have overcome obstacles.



- Are your clients facing stressful situations or major life events?
- What new challenges can keep your clients engaged?
- What can support your clients' long-term success?

PRECONTEMPLATION | 01

In the precontemplation stage, people do not intend to change (within the next six months). They may be unaware of the consequences of unhealthy behaviors – or at least, they overestimate the cost of rethinking their choices.

- Are clients open to discussing their behavior patterns?
- Are they willing to think about the possibility of changing?
- Do social situations support your client changing a behavior?
- Is your client approaching a milestone?



STAGES OF CHANGE

The transtheoretical model of change is a theory introduced by psychologists James Prochaska and Carlo DiClemente in the 1980s. Sometimes called the "readiness-to-change" model, this theory identifies five stages through which people progress. Clinicians can use the transtheoretical model to meet clients where they are and help them move forward at any stage.

https://cech.mediaspace.kaltura.com/media/EPICS+Skill+Building+-+Mindy+and+Charles/1_21yf65qr